

RISK ASSESSMENT: Orienteering

Completed by: Activities Management Team

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What is the Hazard?	Who may be harmed?	How might people be harmed?	Risk Rating			Control Measures in Place	Remaining Risk		
			Probability	Severity	Risk		Probability	Severity	Risk
Slips, Trips and Falls	All	Cuts, bruises, grazes	2	2	4	<ul style="list-style-type: none"> All participants are instructed to wear appropriate footwear. Participants warned about potential trip hazards. 	1	2	2
Exposure/ Hypothermia and Sunburn	All	Sunburn, high temperature and dehydration.	2	2	4	<ul style="list-style-type: none"> Participants should have suitable clothing prior to the activity. Group advised to drink plenty of water. Sun cream applied when needed. 	1	2	2
Group Behaviour	All	Loss of control of the group, participants being distracted/ not listening.	2	2	4	<ul style="list-style-type: none"> Group leaders are to ensure that the group is under control at all times. Leader in charge of whole session. 	1	2	2
Adverse Weather	All	See 'Exposure'	2	3	6	<ul style="list-style-type: none"> Advice is given on what to do in the occurrence of adverse weather. Participants are advised to wear suitable clothing for weather conditions Refer to 'Adverse Weather' policy. 	1	3	3
Injuries to a Group Member	Participants	Variety of injuries including Musculoskeletal injuries, cuts, bruises	2	3	6	<ul style="list-style-type: none"> Minimum of three participants in a group. In the event of a party member getting injured one person is to stay with the injured member while the rest of the group goes for help. Group leader is to deal with first aid; help is available from reception. 	1	3	3
Lost Participants	Participants	Emotional distress	2	3	6	<ul style="list-style-type: none"> Group are told about the site having boundary fences and they are to stay on site. There is no need to go off site for this activity. Younger participants are advised to have adults in the group. The Orienteering Activity cards include a site map. 	1	3	3
Navigational Competence	Participants	See 'Lost Participants'	3	2	6	<ul style="list-style-type: none"> The course is designed so that low navigational competence is required to collect most check points. Help is available from reception. 	1	2	2

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Out of Bounds Areas	Participants	Variety of injuries including Musculoskeletal injuries, cuts, bruises	3	3	9	<ul style="list-style-type: none"> • Areas such as staff accommodation, activity and maintenance areas are strictly out of bounds. • Fences and signs stop visitors from entering these areas along with checkpoint markers not being positioned near these areas. • Participants warned there is no need to go into any of these areas. • Certain areas of site are locked to prevent access to unauthorised persons. 	1	3	3

Level	Likelihood Factor	Severity Description
1	Very Unlikely	Insignificant – No injury or No First Aid required.
2	Unlikely	Minor – Minor injuries requiring first aid such as cuts, grazes, bruising.
3	Fairly Likely	Moderate – Injuries resulting in up to three days' absence from work.
4	Likely	Major – Injuries resulting in a week or more absence from work, for <u>example broken bones, deep cut etc.</u>
5	Very Likely	Catastrophic – Amputations or Death.

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Remaining Risk Level	Description
1-5	Very low, minimal risk, control measures more than adequate
5-10	Low, control measures satisfactory
10-15	Medium, control measures adequate
15-20	High, control measures need further consideration
20-25	Very high, intolerable, stop Job